

The Law of Attraction & why it doesn't work Part III: Expectation.

Anytime you read almost anything about the Law of Attraction it will tell you that expectation plays a huge part in receiving what it is you want to attract. That you have to change the word 'want' to 'expect' and know that you will receive whatever it is you desire, new home, car, career, relationship and so on.

For example: instead of saying

"I want a new car by January 2017"

You say:

"I expect to have a new car by January 2017"

When you use the word 'want' the universe will attract what you are focusing on, which in this case is wanting to have a new car, so you don't actually get the car, you actually delay the arrival of the car and keep it in the status of 'wanting'.

It is extremely important when working with the universe to be clear on your language. Clearly stating your intention, coming from the highest vibration of love that you can and trusting yourself and the Universe with a feeling of knowing in your heart and mind that He will co-create with you. Once again, as mentioned in part I & II of this article continuity & commitment to what's involved in understanding the Law of Attraction and how it works and committing to that continually as a way of life is necessary for The Law to work best for you. In other words, being aware that you are co-creating with the Universe needs to be a state of mind.

However, what I have found is that people 'give up' consciously trying because:

- 1: They don't take the action necessary bring their dreams into physical dimension, after creating and harnessing them in the emotional and mental state.
2. They give up doing the self reflection, forgiveness, atonement and letting go of what no longer reflects who they truly are to enable space for the growth necessary to experience deeper and greater levels of joy and happiness.
3. They want as opposed to expect, hence get more wanting.
4. They take the action, do the work on themselves, have healthy positive expectations, but FORGET that the Universe or God is somewhat like the satellite up there in omnipresence and He can see much further down the road and for miles around. They forget that He can see the what, the who, the where and the why that we cannot consciously see. And sometimes, He needs you to go from A to B not for reasons that you expect, but needs you to expect that so as to co-create with you to get you to where you are ultimately going, which is always for your highest benefit.

Have you ever made a decision, followed it through and expected it was so as you would

end up in one position, only to find yourself in a much better position than you could never have dreamed of yourself? Or would never have thought of or expected?

This is everywhere in our lives. Terms like 'who knew!' 'God had a better plan', 'meant to be'. Even the tarot cards have a card dedicated to expectations going beyond our expectations.

This happened to me countless times but one of my favourite examples goes back to 2004.

February 2004 in a moment of self-reflection I realised I had my whole life on hold, just in case I became pregnant. I had no children at the time and longed to be a mum who worked from home when I did have children. But it wasn't happening. In fact very little was happening in my life full stop. I was completely stuck. So upon realising this and a little more reflection I decided to open an Angel shop.

So I took action with 2 intentions in my heart;

1. That the energy created in the shop brings healing to the town I consciously choose to open the shop in. I deliberately choose that town because I felt it was that little town that needed the healing and help to lift the towns vibration most.

2. To create a space in the shop to do psychic readings and build a clientele.

5 weeks later I had secured the business loan, signed the lease and ordered the stock. Later that same week I discovered that in about 8 months time I was going to have a baby.

Ok the shop did not make cent. Obviously I expected it to and did everything I could to help it do well, but it didn't.

One year later I had a beautiful 3 month old baby, a business that on a financial level was failing miserably and I was booked out solid in the shop with psychic readings.

I was exhausted, extremely happy, but exhausted none the less.

Something had to go. Clearly it wasn't going to be the baby and the psychic readings was the part that was helping to shift the vibration of the town into a somewhat happier place of healing, So the business was the one to let go of. My biggest worry here was that I would no longer have anywhere to work from. However, it was one of those worries that didn't cripple me, something inside said, 'it will all work out ok'.

As it turned out, the lady who worked part time in the premises across the road was looking for a premises to sell pottery. She was a stranger then and I only knew her to wave to now and then.

Without hesitation I went straight across the road to approach this stranger. Her name was Catherine. As we talked about the idea of her pottery shop, she went on to explain that she was a reiki master and she sends healing energy to each piece of pottery with the intent that the healing goes to the potential owner of the piece. From that moment I respected her

deeply. She also asked me if I would consider the idea of staying on in the shop and continue to do my readings from there. Needless to say I agreed.

Right there in that 10 minute conversation the Universe had shown me that He was continuing to respond to my 2 intentions as to why I opened that little shop, business or no business.

Over the next 3 years I continued to work from that beautiful place and during that time myself and Catherine became very close friends. Today I call her my soul sister. It's that type of friendship where I wouldn't hear from her in months but press the call button on my phone to ring her and as I do I have a call waiting from Catherine (all of the time!). The connection between us is one that is uniquely special and goes far beyond the realm of 'good friends'. Every day I feel deeply blessed to have a soul sister like her and thank God for knowing better than me at that time.

Here's the thing;

In the above example I did all the right things. I took action, reflected when needs be and had expectation. However, back in 2004 my intention (not expectation) was twofold.

1. My life was completely stuck and I took action. I co-created with the Universe to put life back into my life.

9 months later I had a new born baby and a very happy & busy life.

2. To create a space to serve as a channel of healing in that beautiful little town and create a space to do psychic readings from.

However, in this example my intent and my expectation were in conflict. I was focusing on my intent. I put all of my energy into the intent and that was what the Universe responded to.

Hence, on a financial level there was no energy. The expectation, i.e.; to have a business that paid the bills and create an income, was not fuelled with love, determination, passion. It was therefore, just a word.

Back then I had a choice.

I could resent the universe and dismiss the Law of Attraction choosing to believe that it isn't working for me anyway. Taking the perspective that I open a business, am working full time and next thing a baby comes along. Fostering resentment and anger at the irony that the reason I opened the shop was because my life was stuck because I was holding out to be a stay at home mom. Not to mention the financial loss. Where's the universal support there? As a result, draw the consensus that, the Law of Attraction doesn't work.

Or

See it for what it is. A new beginning, new life on so many levels that brought me more

blessings than I ever could have thought possible. Because, at the time I didn't consciously know that such deep levels of happiness and great blessings existed. Now, 12 years on they continue their abundant flow, enriching my life every day.

In life, the Higher Power of Love & Creation is quite like a wise unconditionally loving parent, supporting us in our choices and decisions along our path of self-discovery of who we truly are. However, just like a loving parent, sometimes It can see greater opportunities for happiness and self-discovery than we could not yet consciously comprehend. It is when we live our lives in a childlike state of awe and innocence, expecting nothing but the very best from our experience, knowing that the Universe is quite like a wise loving parent forever supporting us in limitless unconditional love and wisdom, from there our strength, courage and independence grows to co-create with God miraculous moments, which in the end, become our lives.

From my heart to yours,
Namaste,
Hilary x